



# RESILIENT NORTHEAST GEORGIA

Resilient Northeast Georgia is an emerging regional collaborative of community stakeholders, partners, and leaders working across a twelve-county region to identify ways to prevent childhood trauma and address how trauma impacts lives.

## WEBSITE

To learn more about the work happening across the region, visit

[resilientnortheastgeorgia.org](https://resilientnortheastgeorgia.org)

## CONTACT

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## COUNTIES WE SERVE



## THE GRANT

From 2019 to 2021, the Athens Area Community Foundation, Envision Athens, and the Athens Wellbeing Project worked together to steward a grant for the prevention of trauma in six counties (Clarke, Barrow, Jackson, Oconee, Oglethorpe, and Madison Counties). Building on the foundational work established in the previous grant cycle, the Athens Area Community Foundation, Georgia Family Connection Region 5, and the Athens Wellbeing Project have partnered to form Resilient Northeast Georgia, a twelve-county collaborative. Utilizing the knowledge and relationships held by the Family Connection organizations in each county, the Resilient Northeast Georgia coalition aims to establish approaches to trauma tailored to the specific needs and resources of each county. Region-wide, Resilient Northeast Georgia will host trauma trainings, networking meetings, and regional events to engage all members of the community.

## GRANT PARTNERS



ATHENS AREA  
**Community  
Foundation**



GEORGIA  
**family connection**  
PARTNERSHIP



ATHENS  
WELLBEING PROJECT



**RESILIENT  
NORTHEAST  
GEORGIA**

## KEY WORDS

### Trauma

An event or series of events that an individual experiences as physically or emotionally harmful and that have lasting negative effects on wellbeing

### Adverse Childhood Experiences (ACEs)

Potentially traumatic experiences occurring between ages 0 and 17 that negatively impact feelings of safety, stability, and wellbeing later in life

### Resiliency

The ability to "bounce back" or recover following a traumatic event

### Trauma-Informed

Shifting the perspective on care from "what's wrong with you?" to "what has happened to you?", acknowledging a potential history of trauma

## KEY OUTCOMES

### Resilient Northeast Georgia seeks to:

- Increase regional collaboration and communication among partners
- Reduce the duplication of efforts aimed at prevention and mitigation of childhood trauma
- Streamline the delivery of services and training across the region
- Address the systemic root causes of trauma in prevention efforts
- Use data on reach and outcomes to measure regional success
- Create and sustain a strong regional network of partners and resources

## PROGRESS TO DATE

- PSA video discussing trauma
- Trauma resources webpage added to [athensareacf.org](http://athensareacf.org) and Resilient Northeast Georgia's coalition website, [resilientnortheastgeorgia.org](http://resilientnortheastgeorgia.org)
- Data-driven assessment of the region's behavioral health system during COVID-19
- Grants to support telehealth therapy services
- Grants to support local non-profits (ex. Juvenile Offender Advocate) who work with teens
- Grants to support Family Connection Partners in their work to increase regional capacity and engagement
- Training opportunities for practitioners, organizations, and members of the community who actively work with youth in juvenile justice, foster and adoptive, and homeless and transitional housing settings

## HOW TO GET INVOLVED

**As Resilient Northeast Georgia continues to expand, we want your input!**

### Contact Us

We'd love to hear from you! Reach out with any opportunities for expanded regional partnership, requests for training for organizations or groups, and options to have us present to your organization, board, or collaborative.

### Support Us

Local financial support is needed. If you are interested in contributing financially to Resilient Northeast Georgia, please email the Athens Area Community Foundation at [smckinney@athensareacf.org](mailto:smckinney@athensareacf.org).